

2025 Webcast Catalog



At HSI Blue Ocean Brain, our webcasts are packed with actionable insights and are now more interactive than ever. We bring your most in-demand learning topics to life in dynamic sessions tailored for your team. As always, the information we present is grounded in best practices designed to elevate human performance.

Our moderated sessions are led by an experienced team and delivered via Zoom. Each session includes options for recording and customization. Typically, sessions run for 45-60 minutes and feature interactive exercises and polling to keep participants engaged.

Each webcast includes:

- A pre-session consultation to align the topic with your organization's needs
- Curated pre- and post-session lessons to reinforce learning and foster continued growth
- Opportunities for you to provide pre- and post-session insights during the webcast
- In-session polling with real-time result sharing
- A dedicated Q&A segment
- A post-session learner survey for feedback



Let us help you bring impactful learning to your team with an engaging and interactive experience!



2025 Webcast Catalog Offerings

Whether you're looking to strengthen leadership capabilities, sharpen technical expertise, or foster a culture of innovation, our webcasts provide the perfect platform for your employees to expand their knowledge and reach their highest potential.

Our interactive sessions are designed to captivate and inspire, igniting meaningful and lasting transformation across your organization's culture and people.



Growth Mindset

Growth Mindset: Navigating Change with Confidence



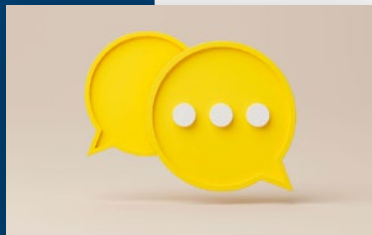
Psychological Safety

Psychological Safety: The Key to High Performing Teams



Emotional Intelligence

Gaining the Emotional Intelligence Advantage



Communication

Words Matter: Communicating for Positive Impact



Generational Differences

Generations in Sync: Working Better Together



Leadership

Thriving as a Leader: Strategies for Greater Impact

Growth Mindset: Navigating Change with Confidence

Time: 60 minutes

Level: All Levels

Join us for an engaging session that explores the transformative power of a growth mindset in navigating change. Discover the difference between a growth and fixed mindset and learn how adopting a growth mindset can enhance your ability to face challenges with confidence. You'll learn how to reframe obstacles as opportunities, set actionable goals, and help foster a culture of innovation and growth.

Psychological Safety: The Key to High Performing Teams

Time: 60 minutes

Level: All Levels - Focus on Leaders

Discover how creating an environment where team members feel safe to express their ideas, ask questions, and take risks is crucial for fostering innovation and collaboration. In this fast-paced session you'll learn the fundamentals of psychological safety and its impact on team dynamics. Explore practical strategies for cultivating trust and open communication within your team, ensuring that every voice is heard and valued. This session is designed for anyone looking to enhance team performance, whether you're a leader, team member, or aspiring to drive positive change in your workplace.

Gaining the Emotional Intelligence Advantage

Time: 60 minutes

Level: All levels

Transform your workplace interactions as you learn to level up your emotional intelligence. Our modern world of work increasingly values collaboration and adaptability, making emotional intelligence a critical skill for professionals. In this session, you'll discover the core elements of emotional intelligence and how they can be applied to enhance communication, teamwork, and conflict resolution. You'll learn to recognize your emotional triggers, improve relationships and positively influence those around you.

Words Matter: Communicating for Positive Impact

Time: 60 minutes

Level: All Levels

This session is designed to equip professionals with the new skills to communicate effectively and create a positive impact in their organizations. In a world of constant communication this session will provide you with the tools and strategies to inspire, engage, and build better connections with others while getting the important work done.

Generations in Sync: Working Better Together

Time: 60 minutes

Level: All Leaders

With multiple generations working closely together, understanding and leveraging these differences is essential for driving innovation and enhancing team performance. In this session, you will gain valuable insights into the unique strengths and perspectives each generation brings to the table. In this upbeat session, we'll uncover strategies for effective communication, collaboration across the ages.

Thriving as a Leader: Strategies for Greater Impact

Time: 60 minutes

Level: Leaders - Emerging Leaders

Step forward confidently in your leadership journey. This session is designed to equip newer leaders with the essential tools and strategies needed to make a positive impact. Join us as we uncover priority skill building, powerful communication techniques, and methods for building trust and rapport across the team. Learners will discover how to sidestep common pitfalls and set clear expectations for success.

**Contact your HSI
or Blue Ocean Brain
representative to learn
more!**